

## Fall Season 2010 Friday Night Skills

Group 1 (U9-U10 teams)	Group 2 (U11-U12 Teams)
U9B – Corinthians, Milan, Inferno, Stampede, Tornados, Chargers & Strike Force	U11B – Rangers, Hammers & Iron Men
U10B – Scorpions Red, Rojos, Galaxy, King Cobras & Spartans	U12B – Pumas, Jaguars & Man Utd
U9G – Vipers, Sublime & Adrenaline	U11G – Shining Stars, Storm, Panthers, Galaxy & Raspberries
U10G – Thunderbirds, Magic, Hornets, Chiles & Aguilas	U12G – Chaos, Radicals & Renegades

- ❑ *All sessions run 5-6.30pm at Arroyo Del Oso Park.*
- ❑ *Groups to attend sessions on alternate weeks (Group 1 attend on week 1, Group 2 on week 2 etc).*
- ❑ *Week 1 will commence on Friday September 3<sup>rd</sup>*
- ❑ *Final week of skills will be Friday October 22<sup>nd</sup>*

*Players will rotate through four skills stations :*

*– 1<sup>st</sup> touch, 1v1 attacking & defending, finishing & coordination & agility*